

Spinach Fruit Salad Recipe

Ingredients

3 cups Fresh Spinach

1/2 cup Blueberries

1/2 cup Strawberries, Cut in half

1/2 cup Pineapple Chunks

1/4 cup Walnuts,

Chopped Red Onion, Sliced, add as much or as little as you like

For the Dressing: 2 tablespoons Extra Virgin Olive Oil 1 tablespoon Lemon Juice Salt and Pepper, To taste

Directions

1. In a medium bowl add the fresh spinach, blueberries, strawberries, pineapple, walnuts and red onions.
2. Toss everything together.
3. In a small jar, stir the salad dressing ingredients (olive oil, lemon juice, salt and pepper).
4. Gently toss the salad ingredients with the dressing.

5. Enjoy! Spinach Fruit Salad Recipe Save 140 Published: March 10, 2015 Author: Olivia Ribas Recipe Yields: 2 servings Prep Time: 5 minutes Total Time: 5 minutes

About Olivia Olivia's the queen of fast, simple, delicious and nutritious recipes on her site, Primavera Kitchen. We love her approach to fresh ingredients, and know you'll love everything about our new Salad